M&O LIBYA

A WOOD GROUP COMPANY

M&O LIBYA
TRAINING SERVICES CATALOGUE

Safety, Security & Emergency Training for a Challenging World!

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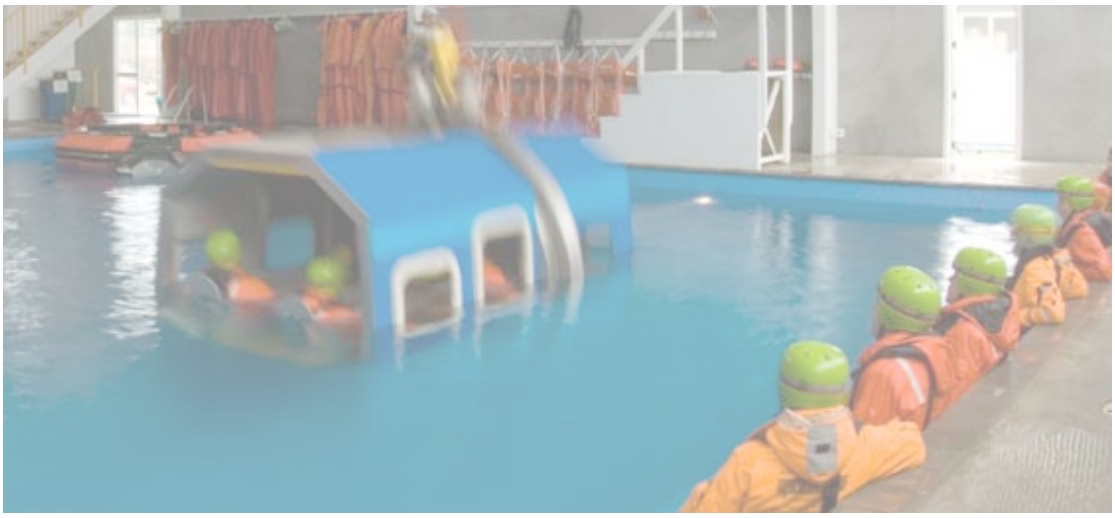

OFFSHORE SAFETY TRAINING

Course Name	Course Description	Pre-requisites	Duration
TBOSIET (Tropical Basic Offshore Safety Induction and Emergency Training)	This course is an OPITO approved course, designed and conducted according to OPITO standards, including; Offshore Safety Induction, Helicopter Safety and Escape, Sea Survival, Fire Fighting (Extinguishers) and Self Rescue (Smoke Hoods)	N/A	3 days
HUET (OPITO) and Sea Survival	Theoretical and practical training in helicopter safety and helicopter underwater escape and sea survival skills	N/A	1 Day
Basic Offshore Safety and Sea Survival	Theoretical and practical training in basic offshore safety and emergency procedures, including mustering and boarding a TEMPSC and sea survival skills	N/A	1 Day
Sea Survival	Theoretical and practical training in sea survival skills and techniques, including the use of a marine life raft	N/A	0.5 Day
H2S Awareness	Theoretical training of H2S hazards, detection and controls, and safety and emergency procedures	N/A	0.5 Day
Wear and Operate Self Contained Breathing Apparatus (SCBA)	Theoretical and practical training in the use and operation of SCBA, including high and low pressure tests	N/A	1 Day
SCBA Search & Rescue	Comprehensive theoretical and practical training in the use and operation of SCBA, including search and rescue techniques, BA control, and practice in a variety of situations including an enclosed smoke filled heated environment (smokehouse)	Recommended First Aid Responder	2 Days
Helicopter Landing Officer	Theoretical and practical training in helicopter safety and the duties of the helicopter landing officer (does not include refueling)	N/A	2 Days

FIRE SAFE TRAINING

Course Name	Course Description	Pre-requisites	Duration
Fire Extinguisher Familiarisation	Fire safety and prevention strategies, and overview of fire extinguisher operation	N/A	2 Hours
Basic Fire Fighting	Basic fire response techniques and practical fire extinguisher operation training	N/A	0.5 Day
Fire Science & Extinguisher	Theoretical training in fire science, fire prevention and fire fighting, plus practical training in fire extinguisher operations (4 types), hose reel and fire blanket training on a range of live fires	N/A	1 Day
Smoke Hood Familiarisation	Self rescue techniques from a smoke filled building, including practical training, and use of smoke hoods and other escape apparatus	N/A	2 Hours
Fire Warden	Fire warden training for emergency response and building evacuation – roles and responsibilities. Review building evacuation plans – client / site specific	N/A	1 Day

HEIGHT SAFE TRAINING

Course Name	Course Description	Pre-requisites	Duration
Work Safely at Heights	Theoretical and practical training in the dangers of working at height, and familiarisation with the sue and application of harnesses and fall protection systems	N/A	0.5 Days
Basic Height Rescue	Theoretical and practical training in the knowledge and skills to safely rescue a person who has fallen and is suspended above the ground in a harness	N/A	1 Day
Vertical Rescue	Comprehensive theoretical and practical training for emergency response teams in the use of advanced rope rescue techniques to raise, lower and extricate personnel from a vertical environment	N/A	5 Days

MARITIME SAFETY TRAINING

Course Name	Course Description	Pre-requisites	Duration
STCW 95 Basic Safety Training **(A-V1/1-1, A-V1/1-2, A-V1/1-3, A-V1/1-4)**	A combined programme that incorporates the following modules; Personal Survival Techniques Fire Prevention and Fire Fighting Elementary First Aid Personal Safety and Social Responsibility	N/A	5 Days
STCW 95 Personal Survival Techniques **(A-V1/1-1)**	Theoretical and practical training in life saving appliances and sea survival techniques, including the use of a life raft	N/A	1 Day
STCW 95 Fire Prevention and Fire Fighting **(A-V1/1-2)**	Theoretical and practical training in the techniques and principles of fire prevention, and actions to take when discovering a fire on board. Including the safe and effective use of extinguishers, fire hoses, and using self contained breathing apparatus (SCBA)	N/A	2 Days
STCW 95 Elementary First Aid **(A-V1/1-3)**	Theoretical and practical training in the knowledge and skills required to treat and stabilise medical situations as a first aid responder	N/A	2 Days
STCW 95 Personal Safety & Social Responsibilities **(A-V1/1-4)**	Theoretical training in the following: Types of marine emergencies and the contingency for these emergencies. Emergency duties and actions to take. Basic environmental protection procedures. Safe working practices and accident prevention. Confined Space precautions. Social responsibilities aboard ship.	N/A	1 Day

HEALTH & SAFETY COURSES

Course Name	Course Description	Pre-requisites	Duration
Plan A Confined Space Entry	Theoretical training in the principles and procedures for planning an entry into a confined space, including permit requirements, and the roles and responsibilities for all involved	N/A	1 Day
Confined Space Entry	Theoretical training in the permit procedures for entering a vessel or confined space, plus the practical techniques and procedures for working with a variety of breathing apparatus systems in confined spaces.	Wear and Operate SCBA Training	2 Days
Gas Testing	Principles and practices of gas testing, including the use of gas testing equipment	N/A	0.5 Day
Permit To Work (client specific)	Introduction to the Permit to Work system, responsibilities, and supporting documentation (This course can be tailored to the clients PTW system)	N/A	1 Day
Hazard Identification / Management	Techniques, tools and practices for the identification of existing and potential hazards in the workplace and how they are managed	N/A	1 Day
Accident Investigation	Techniques and tools for the investigation of incidents and accidents in the workplace	Recommended Hazard Identification / Management	1 Day
Workplace Safety Awareness	Principles of a safe workplace, and how to implement these, with an outline of the responsibilities of the employer and employee	N/A	1 Day
Safety Observer in the Workplace	Specific course developed to meet the needs of industry for persons observing and monitoring hot work, confined spaces and working at heights	Recommended First Aid Responder training	1.5 Days
Chemical Safety	Principles and practices of working safely with chemicals	N/A	1 Day

FIRST AID COURSES

Course Name	Course Description	Pre-requisites	Duration
Basic Life Support	Basic training in how to respond to common first aid emergencies. The course includes training and practice in scene assessment, personal safety, CPR, choking, heart attack, bleeding, burns, dislocations and fractures	N/A	1 Day
First Aid Responder	Theoretical and practical training in how to respond to medical emergencies and includes: Scene assessment, personal safety and patient management, CPR, choking, heart attack, bleeding, diabetes, fractures, dislocations, burns, poisoning, electrical injuries, chest and abdominal injuries, allergic reactions and heat stroke.	N/A	2 Days

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